This study aimed to develop a 12-item version of the Erikson Psychosocial Stage Inventory (the 5th stage) (EPSI (5th)) and examine its reliability and validity. University students (N = 545) participated in this study. Confirmatory factor analyses revealed that a two-factor model provided a better fit than alternative one-factor models. An analysis of Cronbach’s α coefficients and the test-retest method showed acceptable scale reliability. In accordance with our hypotheses, correlation analyses revealed that the EPSI(5th) subscale scores (i.e., synthesis and confusion) were significantly related to measures of self-esteem, life satisfaction with life, and identity confusion. Implications and suggestions for future research are discussed.

**Keywords:** identity, adolescence, reliability, validity, scale development.

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